

## **Population growth control: Changing Knowledge, Attitudes and Practices of Rwandan ordinary citizens /couples towards the need for birth control.**

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Rwanda is estimated to have more than 10 Million people with a population density of 300 people/sq km which makes it the highest density in Africa (MOH, 2009) Rwanda's population is expected to reach 12 million by the year 2012 (WHO, 2010).

There have been reports that almost 92% of all Rwandan couples do not practice birth control yet there is already an apparent land pressure. On a daily basis I witness social "uneasy" caused by population density. An average Rwandan woman gives birth to 5.12 children (MOH, 2009). This is a wakeup call to do something to prevent future social problems that might occur as a result population explosion over tiny Rwanda. Human Resource for health of late was still wanting where there one doctor for every 25,000 Rwandans (MOH, 2008).

In Rwanda, different policy makers have expressed concern over the rate at which population is growing. They have urged all stake holders to contribute through advocacy or otherwise in order to control population growth rate. As a matter of fact there is need to control population. Besides, there is evidence to substantiate the fact that in most cases there is correlation between family size and the wellbeing of its members/children in Rwanda. Bigger families give a burden to the bread winners and lead to scarcity inadequate family resources. Smaller families can easily acquire proper feeding and attainment of higher education.

Given the above demonstrated current state of affairs, my plan is to engage in campaigns that should change knowledge, attitudes and practice of the reproductive age group among Rwandans about the need to control population growth through birth control. The research interest is to find out the levels of knowledge, attitudes and practice of the reproductive age group towards population growth control.

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